

PSHE/RSHE Curriculum – 2 Year Cycle - Years 3/4



Teaching Sequence for Milestone 2							
Year Group	Cycle	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
3/4	A	Unit: Being Me in My World	Unit: Celebrating Difference	Unit: Dreams & Goals	Unit: Healthy Me	Unit: Relationships	Unit: Changing Me
	B	Unit: Being Me in My World	Unit: Celebrating Difference	Unit: Dreams & Goals	Unit: Healthy Me	Unit: Relationships	Unit: Changing Me

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Years 3/4 Teaching Sequence for PSHE/RSHE (Milestone 2) CYCLE A			
	AUTUMN	SPRING	SUMMER
1	Getting To Know Each Other (Y3)	Broken Dreams (Y4)	Family Roles & Responsibilities (Y3)
2	Our Nightmare School (Y3)	Overcoming Disappointment (Y4)	friendship (Y3)
3	Our Dream School (Y3)	A New Challenge: Garden Design (Y3)	Keeping Myself Safe Online (Y3)
4	Rewards & Consequences (Y4)	Our New Challenge: Garden Design (Y3)	Getting On & Falling Out (Y4)
5	Our Learning Charter (Y4)	Our New Challenge: Overcoming Obstacles (Y3)	Girlfriends & Boyfriends (Y4)
6	Owning our Learning Charter (Y4) POP Task	Celebrating My Learning (Y3) POP Task	Celebrating My Relationships with People & Animals (Y4) POP Task
7	Witness & Feelings (Y3)	Being fit & Healthy (Y3)	How Babies Grow (Y3)
8	Witness & Solutions (Y3)	Being Fit & Healthy (Y3)	Babies (Y3)
9	Understanding Bullying (Y4)	What Do I Know About Drugs? (Y3)	Outside Body Changes (Y3) Puberty (Y4 children only - School Nurse)
10	Problem Solving (Y4)	Smoking (Y4)	Circles of Change (Y4)
11	Words That Harm (Y3)	Alcohol (Y4)	Accepting Change (Y4)
12	Celebrating Difference (Y3) POP Task	Happy Healthy Me! (Y3) POP Task	Looking Ahead (Y4) POP Task
** Each unit must have one piece of written work in books**			

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Years 3/4 Teaching Sequence for PSHE/RSHE (Milestone 2) CYCLE B			
	AUTUMN	SPRING	SUMMER
1	Becoming a Class Team (Y4)	Dreams & Goals (Y3)	Jealousy (Y4)
2	Being a School Citizen (Y4)	My Dreams & Ambitions (Y3)	Love and Loss (Y4)
3	Rights, Responsibilities & Democracy (Y4)	Hopes & Dreams (Y4)	Memories (Y4)
4	Rewards & Consequences (Y3)	Creating New Dreams (Y4)	Being a Global Citizen 1 (Y3)
5	Our Learning Charter (Y3)	Achieving Goals: Potato People (Y4)	Being a Global Citizen 2 (Y3)
6	Owning our Learning Charter (Y3) POP Task	We Did It! (Y4) POP Task	Celebrating my Web of Relationships (Y3) POP Task
7	Boys & Girls (Y3)	My Friends & Me (Y4)	Unique Me (Y4)
8	Boys & Girls (Y3)	Group Dynamics (Y4)	Having a Baby (Y4)
9	Why Does Bullying Happen? (Y4)	Being Safe (Y3)	Puberty (Y4 children only - School Nurse)
10	Standing Up for Myself & Others (Y4)	Safe or Unsafe (Y3)	Inside Body Changes (Y3)
11	Gender Diversity (Y4)	Healthy Friendships (Y4)	Family Stereotypes (Y3)
12	Celebrating Difference & Still Being Friends (Y4) POP Task	Celebrating My Inner Strength and Assertiveness (Y4) POP Task	Looking Ahead (Y3) POP Task
** Each unit must have at least one piece of written work in books**			